# **SYMPHONY CHAIR**





## The professional's first chair.

The ultimate extension of our music posture chair design is the result of years of research with professional musicians. It was designed and built to alleviate the often chronic problems associated with the physical demand of professional musicians.

The angle and shape of the seat and back provide the musician with optimum playing posture and comfort. The resulting angle between seat and back simulates a natural standing posture. This allows the diaphragm to work as it was intended for greater lung capacity and better breath support.

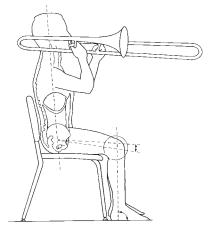
The back provides full support with a built-in lumbar curve yet is shaped to allow unrestricted upper body movement. Add an optional, adjustable lumbar pad for additional lower back support or a more forward seating position.

The seat contour and angle along with a rolled front edge provide good under-thigh support without building pressure points. A unique seat angle adjustment lets the musician fine-tune the chair to suit the posture requirement of the instrument or for individual posture preference.

All these special features give the professional musician the benefits of comfort and long-term health for long practices and performances. And most importantly for a long career.



# Wenger's Symphony Chair design duplicates the benefits of standing posture in a seated position.



#### The problem with common chairs.

In a standing position, your rib cage is expanded for maximum breath intake. Your diaphragm is unconstricted for greater breath support. Your hips are rotated forward, allowing your back to follow its natural, supportive lumbar curve. The result is the ideal posture for singing or playing an instrument.

But sit in any nonposture chair and your body's immediate reaction is to slouch. When you sit back your spine is forced out of its natural supportive position. This forces your body down, lowering your rib cage and constricting your diaphragm. To compensate for this discomfort and lack of support, you move to the edge of the seat. You'll continue this cycle as long as you're seated, bringing on rapid fatigue and making it difficult to focus on technique.

#### The Wenger Solution: Symphony Chairs

Sit in a Wenger Symphony Chair, one of our exclusive Posture Chair models, and you immediately notice how the chair's contours help duplicate the body's natural standing position. Your hips are slightly forward, putting your spine in its strongest, most naturally comfortable position. Your rib cage is raised as though you were standing, giving your diaphragm unobstructed movement. Your body is held firm, but comfortable. It's difficult to slouch and easy to concentrate on mechanics and performance.



Optional adjustable Lumbar Pad for those requiring additional lower-back support. Attaches with convenient hook-and-loop strap.





Move & Store Cart: Makes it easy to move Symphony Chairs from storage to rehearsal to performance. Chairs stack onto the cart for compact storage. Holds six Symphony Chairs.

# **PRODUCT SPECIFICATIONS:**

- Posture Chair design promotes easier breathing
- 14-gauge, oval-tube framing for increased durability
- Adjustable seat angle
- Premium, durable upholstery
- Formal, all-black styling
- Two height choices support a range of musicians 181/2" or 191/2" (470 or 495 mm) seat-to-floor heights
- Molded high-density foam seat and back for firm, total-body support and comfort

## 0970000 Symphony Chair (21 lb) (9.5 kg)

#### ACCESSORIES

0979131 Adjustable Lumbar Pad, 1 lb (.5 kg) 112A094 Move & Store Cart, 29 lb (13.2 kg) 112A093 Ganging Clamps









### MUSIC EDUCATION AND PERFORMING ARTS

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